

PROFESSIONAL PROFILE

Jamie Bell

Independent Case Manager | Physiotherapist | Return to Work/Sport Specialist

jamie@jbellrehabilitation.co.uk

Carlisle, Cumbria

AT A GLANCE

Adults and young people

SPECIALISMS

Brain injury
Spinal injury
Complex polytrauma
Complex orthopaedic injury
Return to work and sport

EXPERIENCE OF

Amputation
Autism spectrum disorders
Birth injury
Burns and plastics
Cerebral palsy
Challenging behaviour
Disorders of consciousness
Intensive care
Mental health management
Pain management
Substance misuse
Vocational support

LOCATION

Carlisle, Cumbria

COVERAGE

Wales, the Midlands, Northern England and Scotland

Professional profile

Jamie Bell is an experienced complex injury case manager and clinical specialist physiotherapist, with many years of clinical and leadership experience. He develops client-led care and rehabilitation plans across brain injury, polytrauma, complex orthopaedic injury and persistent pain, with a clear focus on meaningful outcomes.

Knowledgeable, compassionate and highly motivated, Jamie builds trusting relationships quickly and supports change through practical, collaborative planning. He communicates openly and keeps clients, families and professionals informed throughout the rehabilitation journey.

His experience spans NHS, social care, charity and private provision. Jamie understands statutory funding pathways and litigation requirements and produces timely, well-evidenced reports that clearly reflect each client's needs.

What I bring

- **Clinical reasoning**
- **Complex case management**
- **Return to work and sport**
- **Change facilitation**

Professional testimonial

> "Jamie has a really practical approach and is able to build the right support network and drive matters forward for clients to work towards achievable goals. He provides clear advice to support a financial deputy in the relevant decision-making."
> - Solicitor

JAMIE BELL

Experience and credentials

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Career overview

CLINICAL BACKGROUND

Specialist physiotherapy

Many years of NHS clinical and leadership experience, with a strong understanding of statutory services and funding pathways.

CASE MANAGEMENT

Complex injury rehabilitation

Manages client-led programmes across brain injury, spinal injury, polytrauma, orthopaedic injury and pain.

VOCATIONAL REHABILITATION

Return to work and sport

Specialist focus on meaningful participation, vocational outcomes and return to physical activity.

REHABILITATION DELIVERY

Collaborative planning

Draws on NHS, social care, charitable and private resources to build effective support networks.

LITIGATION

Reporting and advice

Produces timely, well-evidenced reports and provides clear advice within the litigation process.

Professional credentials

Registrations and memberships

HCPC registered Physiotherapist (PH106875)
Chartered Society of Physiotherapy (0978186)
BABICM (8334)

Qualification

BSc (Hons) Physiotherapy (2015)

Training and safeguarding

Regular training, formal supervision and continuing professional development. Current Mandatory Training and Safeguarding Level 3 certificates available on request.

Enhanced DBS and data protection

Enhanced DBS with Update Service and current ICO certificate. Details available on request.

Insurance and professional documentation

Professional indemnity and public liability cover up to £6 million per claim. Relevant policy details are available on request.

CASE MANAGEMENT PRACTICE

Practical, outcome-focused rehabilitation

PLANNING

Client-led rehabilitation with clear and achievable goals.

VOCATIONAL

Specialist return-to-work and return-to-sport support.

COMMUNICATION

Transparent liaison and timely, evidence-based reporting.